

# THE HUMAN BODY

HAS MORE THAN

# 200 BONES

# &

MORE THAN

# 200 JOINTS

THAT CONNECT

# THOSE BONES

# 46%

The risk, in one's lifetime, of developing osteoarthritis in the knee.

Currently, **27 million**

Americans are living with osteoarthritis.

– American College of Rheumatology

# 70 Million:

Number of Americans living with chronic joint symptoms, including discomfort, aching and stiffness in and around the joint. That is **one in three** Americans.

– Centers for Disease Control

# 2 out of 3

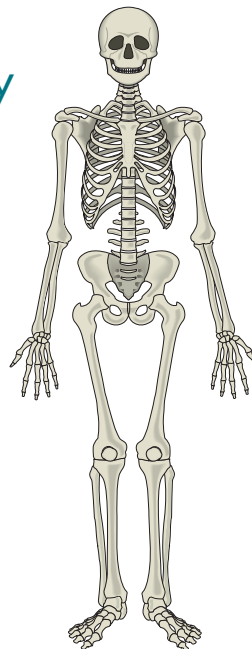
people with arthritis are under the **age of 65.**

## San Valentino Osteoarthritis Study

(published in *Phytotherapy Research*, 2008):

After three months of Pycnogenol® supplementation among osteoarthritis patients:

- **56% increase in physical function**
- **55% increase in joint comfort**
- **53% decrease in joint stiffness**



## BONE & JOINT PROBLEMS

are the leading cause of disability in the United States.

– American Academy of Orthopaedic Surgeons

# 34%

of patients who were given

# GLUCOSAMINE

saw improvement in **joint symptoms (joint, comfort, stiffness)** compared to placebo group.

– Lancet, 2001

Studies found that the use of hyaluronic acid improved joint symptoms by up to

# 54%

and joint function by up to

# 32%